



HUSKY NEWS

Abbotsford Middle School
 33231 Bevan Avenue, Abbotsford, BC V2S 0A9
 Phone: (604) 859-7125 Fax: (604) 850-2260

ADMINISTRATION

Principal Mr. J. MacDonald
jim_macdonald@sd34.bc.ca
 Vice Principal Mr. D. Horton
dexter_horton@sd34.bc.ca
 Sr. Admin Assistant Ms. C. Falk
carrie_falk@sd34.bc.ca
 Student Records Ms. R. Fussi
rita_fussi@sd34.bc.ca

ACADEMIC SUPPORT

Mrs. M. Convery
marybeth_convery@sd34.bc.ca
 Mr. H. Kokot
harold_kokot@sd34.bc.ca
 Ms. M. Powles
miriam_powles@sd34.bc.ca
 Ms. M. Ploch
midori_ploch@sd34.bc.ca

WOULD YOU LIKE TO RECEIVE THIS NEWSLETTER VIA EMAIL?

Just send an email to Ms. Falk in the school office with "newsletter please" in the subject line.



Greetings Abby Middle Parents and Students!

We are off to a great start at Abby Middle. The school has grown in enrollment enabling us to open a new division. Several new teachers have likewise joined us this year so just in case you may have missed the introductions at our Open House, a warm welcome goes out to Ms. Hasiuk, our Band teacher taking over for Mrs. Turek, Ms. Erickson, taking over for Mrs. Koop in grade 7 and Mr. McAuley who is teaching our new 6/7 split.

This year promises to be a special year for our school. The planning for the official opening of our triple tiered alternate energy system of solar, wind and human power is being scheduled for an October date.

A full compliment of sports is starting up at AMS. Volleyball, Football and Cross Country are all preparing for their season of play.

A special thanks to our parents for their efforts to support our students. As the year unfolds, the best time ever

to establish routines that promote school success are in these just few weeks. A consistent approach to when and where at home students will complete homework is key for success. Many students opt for completing their work for the next day as soon as they get home after school or after dinner. Whatever the case may be a consistent approach that establishes a routine is very important.

We all encourage parents to call our teachers if there is a concern. Often, with more information from our teachers, concerns are readily addressed.

Working together there is no doubt that our students will have a wonderful school year.

Warm Regards,
 Jim MacDonald, Principal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER				1	2	3
4	5	6	7	8	9	10
11	School Not In Session - Thanksgiving Day	12	13	PAC Meeting - 7 pm in the Library	15	16
18	19	Photo Retake Day	20	21	22	School Not In Session - ProD Day
25	26	27	28	29	30	31
					 Newsletter Day	

TEACHING STAFF

Gr. 6/Div. 1 Mr. R. Dool
rick_dool@sd34.bc.ca
Gr. 6/Div. 2 Mrs. B. Kamiya
brandi_kamiyai@sd34.bc.ca
Gr. 6/Div. 3 Mr. Tom Barski
tom_barski@sd34.bc.ca
Gr. 6/Div. 4 Ms. K. Grant
kelly_grant@sd34.bc.ca
Gr. 6/Div. 5 Ms. L. Inglis
laura_inglis@sd34.bc.ca
Gr. 6/7/Div 5a Mr. K. McAuley
Kevin_mcauley@sd34.bc.ca

Gr. 7/Div. 6 Mr. S. Kring
steve_kring@sd34.bc.ca
Gr. 7/Div. 7 Ms. K. Shannon
kathy_shannon@sd34.bc.ca
Gr. 7/Div. 8 Mr. G. Kemp
graeme_kemp@sd34.bc.ca
Gr. 7/Div. 9 Ms. N. Erickson
Nicole_erickson@sd34.bc.ca
Ms. S. Mah
staci_mah@sd34.bc.ca
Gr. 7/Div. 10 Mrs. C. Ewert
chauntel_ewert@sd34.bc.ca
Ms. S. Mah
staci_mah@sd34.bc.ca
Gr. 7/Div. 11 Ms. S. Chambers
stacey_chambers@sd34.bc.ca

Gr. 8/Div. 12 Ms. T. Landry
tara_landry@sd34.bc.ca
Gr. 8/Div. 13 Mrs. E. Perry
erin_perry@sd34.bc.ca
Gr. 8/Div. 14 Mrs. M. Ronning
Michelle_ronning@sd34.bc.ca
Gr. 8/Div. 15 Ms. C. Loewen
Carmen_loewen@sd34.bc.ca
Gr. 8/Div. 16 Mrs. L. Mactavish
lauren_mactavish@sd34.bc.ca
Gr. 8/Div. 17 Mr. J. Beck
jamie_beck@sd34.bc.ca
Gr. 7&8/Div. 18 Mr. D. Peters
dean_peters@sd34.bc.ca

EXPLORATIONS

Art/Home Ec. Ms. J. Seymour
jennifer_seymour@sd34.bc.ca

ESL/International Mr. A. Bath
avtar_bath@sd34.bc.ca

Music/Drama Ms. N. Hasiuk
nancy_hasiuk@sd34.bc.ca

Technology Mr. M. Howe
mike_howe@sd34.bc.ca

Aboriginal Services Mrs. J. Lawson
juanita_lawson@sd34.bc.ca

DID YOU KNOW?

You can communicate, via email, with any employee in our district by using the following format:
firstname_lastname@sd34.bc.ca



BAKE SALE

On Friday, October 9TH the students of division 18 (BRIDGE) will be hosting a Bake Sale during Nut Break and Lunch. Items include something for everyone, from healthy living choices (zucchini bread, banana muffins, bran and oatmeal cookies) to those who have a bit of a sweet tooth (cupcakes, squares). Prices range from \$0.50 to \$1.00. Proceeds from the Bake Sale will go to the BRIDGE program for team-building field trips and community involvement activities.

FEES NOW DUE

The 09/10 fees envelopes have now been sent home with each student. Fees this year are the same as last year in the amount of \$30.00 per student. For an explanation of what this fee covers please see our website at www.abbymiddle.org.

Please ensure that your payment is submitted to the school as soon as possible. A reminder statement will be sent out to parents each month. If you are experiencing financial difficulty at this time, please feel free to send an email to the principal at Jim_macdonald@sd34.bc.ca. To those parents who have already made payment, we thank you.

NOON SUPERVISORS NEEDED

Abby Middle is in need of a noon supervisor. This would be for 1 hour per day from 12:00 noon to 1:00 pm, Wednesdays and Fridays. This position pays \$13.00 per hour. Duties would include supervising students during lunch break. If interested, please come to the school's office to fill out an application form and interview with Mr. Horton, our Vice Principal.

LOST AND FOUND

Parents are asked to come to the school to claim any lost clothing items from our lost and found.

Items are bagged up and donated to The Salvation Army at Christmas Break, Spring Break and then again at the **end of the school year**.

COURSE OUTLINES

Our teachers have been developing their International Baccalaureate course outlines that are now available for viewing on our school website. To access, go to www.abbymiddle.org, go to Programs, then to IB MYP and then click on the grade level applicable to your child. Hard copies are also available from your child's teacher.

LIBRARY VOLUNTEERS NEEDED!

The library is looking for parent volunteers. If you would like to help in the library for an hour, a morning, or an afternoon please call Sheri Kling, Library Technician. New books in the Library!

- ~ Rose, prequel to Bone by Jeff Smith
- ~ Artemis Fowl: the graphic novel by Eoin Colfer
- ~ Black circle, book 5 of the 39 clues series by Patrick Carman
- ~ The last Olympian, book 5 of the Percy Jackson series by Rick Riordan
- ~ The pilgrims of Rayne, book 8 of the Pendragon series by D.J. MacHale

School News



STUDENT PRICE CARDS (SPC)

Student Price Cards offer students 10-15% off at number of stores, restaurants, and services. The cards are \$8.50 for a limited time and they come with a \$10 off Bluenotes coupon. The cards are good for 1 year, Aug 1st - July 31st, 2010 and are available to any student with student ID (including college and university). Register your card online at www.spccard.ca and they will email specials throughout the year. SPC cards are available from Mrs. Kling in the school's library.

INTERNATIONAL BACCALAUREATE-MIDDLE YEARS PROGRAMME

This is the third year of the implementation of the Middle Years Programme at Abby Middle. Please read more about this programme in your child's planner (pages 9 & 10) , the school website, abbymiddle.org and the programme website ibo.org

IMMIGRANT PALS (PUNJABI)

A free family literacy program is available to new immigrant Punjabi speaking families who have children that are three and four years old. Eligible families must be new to Canada having arriving within the last 2-3 years. Space is allocated on a first come first serve basis. However, preference will be given to those who have limited English. This program supports twenty - five families and runs for 10 sessions. Sessions run one evening per month, from approximately 4:45pm - 7:00pm. The program is located at Harry Sayers Elementary. For further information, please call Kanta Naik at 604-853-7640 or Cindy Romanowski at 604-851-4580

SWIS (Settlement Workers in Schools)

If your family, or someone you know is new to Abbotsford and has immigrated to Canada in the last year, you or they may be eligible for the service of a SWIS worker. SWIS workers can help you family connect with school and can also help your family with many other settlement needs in your home language. Services are currently available in twenty-one languages and can be arranged for in other languages, if necessary. Please contact your local school for a pamphlet of SWIS Information for Families or call Kanta Naik at 604.853.7640



Community News



ACE ALLSTARS CHEERLEADING AND DANCE

A fun way to get fit and make new friends! Competitive cheer classes are starting now and registration is open until the end of September. Recreational classes are also available starting in October. Join us and learn gymnastics, stunting, dance and more! Visit our web site for more information www.acecheer.ca or call 778-240-3165.

HEALTHY ABBOTSFORD'S FALL ACTIVITY CHALLENGE

S.D. #34, as one of the partners in **Healthy Abbotsford**, invites your children (and you as well!) to take part in the Fall Activity Challenge which runs October 1 - 31. The idea is very simple - let's all get active with some good daily physical activity and then record the total minutes we spent doing that activity on the October calendar in the log booklet. All students at Abbotsford Middle School have been given one of the Activity Challenge log booklets to take home.

It is the hope of **Healthy Abbotsford**, with initiatives such as the October Challenge, that by 2010 Abbotsford will have become the healthiest community in B.C. The recommended amount of daily physical activity (moderate intensity) is 33.5 minutes which just happens to be 2010 divided by 60 seconds! This is a suggested target only. Not all students or adults will be able to do that amount of exercise for all 31 days of October. Not to worry! Make it a goal to fit in what exercise you can and record your time for those days - hopefully it will be most days!

For parents of primary children (or intermediates, too), you may wish to make the Fall Challenge a family goal and to record the accumulated total of exercise done together (ie: walking to and from school; going on a family bike ride; family swim or skate times; raking leaves; etc). Students are also welcome to count their P.E. time, sports practices, vigorous recess and noon playtimes towards their daily physical activity total.

If you choose to do a family goal, please indicate this on your calendar log. An alternative is to get additional log booklets for each family member from any of our City of Abbotsford Recreation Centres or from City Hall. You can also download and print off the log form from the **HEALTHYABBOTSFORD.CA** website. It would be greatly appreciated if you would write the name of our school on the calendar log because a space for that was not provided on the form. Thanks.

Once October 31st rolls around, please send the completed calendar log(s) for your child or family members to school with your child so he/she can drop them off at the Office. In the case of younger children, you may wish to do the drop-off yourself. We'd ask, please, that all completed logs are turned in by **Tuesday, November 3rd** so they can be sent in to the Curriculum Centre for the prize draws. There are some great prizes to be won! Top prizes are listed on the log booklet. In addition, the prizes listed below are ones that will have an appeal to our student participants:

- 1 kid's bicycle from Abbotsford Recreation Center
- Passes for Capilano Suspension Bridge
- Passes for Science World
- Gift Cards for Castle Fun Park Mini Golf
- 10 - \$10 gift certificates for Galaxy Bowl & 30
- 1 gift certificate for a kid's class at Eileen's Yoga Studio
- 2-hours of instruction and climbing for a student at FlashPoint Rock Gym
- Abbotsford Dance Centre - Once Upon A Dance Class for beginner dancers gift certificate

We hope that we will have a very good participation rate of students, staff, and families from our Abby Middle community. Have fun with this challenge, everyone! If we take it up, we'll all be better off for all the October exercise we'll be getting.